

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Pam Michel</p>		 <p>Post this calendar to your blog, Facebook, Twitter or other website.</p>			 <p><b>Know the Facts about PD</b> <span style="float: right;">1</span> <a href="http://www.pdf.org">www.pdf.org</a></p>	 <p><b>Raise Awareness</b> <span style="float: right;">2</span> by sending an eCard <a href="http://support.pdf.org/ecards">http://support.pdf.org/ecards</a></p>
 <p><b>Purchase an Awareness Month T-Shirt</b> <span style="float: right;">3</span> <a href="http://www.pdf.org/shop_support_pdf">www.pdf.org/shop_support_pdf</a></p>	 <p><b>Display the Parkinson's Quilt</b> <span style="float: right;">4</span> <a href="http://www.pdf.org/quilt">www.pdf.org/quilt</a></p>	 <p><b>Order PDF Publications</b> <span style="float: right;">5</span> to stay up to date on PD facts <a href="http://www.pdf.org/brochures">www.pdf.org/brochures</a></p>	 <p><b>Celebrate Spring!</b> <span style="float: right;">6</span> A night of dancing and cocktails in NYC to support PDF's research programs</p>	 <p><b>Print this Calendar,</b> <span style="float: right;">7</span> give it to 5 friends and ask them to support PDF!</p>	 <p><b>Start a Dress Casual Day</b> <span style="float: right;">8</span> at work to raise funds for PDF <a href="http://www.pdf.org">www.pdf.org</a></p>	 <p><b>Fight to Win!</b> PARKINSON'S DISEASE AWARENESS MONTH</p>
 <p>PDF Champion Jennifer Iaccaro</p>	 <p><b>James Parkinson's Birthday</b> <span style="float: right;">11</span> 1755-1824 (First described PD in 1817)</p>	 <p><b>Whats In The PD Pipeline?</b> <span style="float: right;">12</span> Live Online Seminar at 1 PM ET <a href="http://www.pdf.org/parkinsononline">www.pdf.org/parkinsononline</a></p>	 <p><b>Write a Letter</b> <span style="float: right;">13</span> to the editor of your paper about living with PD</p>	 <p><b>Shatter the Myths of PD</b> <span style="float: right;">14</span> <a href="http://www.pdf.org/parkinson_awareness">www.pdf.org/parkinson_awareness</a></p>		 <p><b>Join the PDF Pacers at the 17th Annual UnityWalk,</b> <span style="float: right;">16</span> NYC Central Park at 10 AM</p>
 <p><b>Become a PDF Champion</b> <span style="float: right;">17</span> by hosting your own fundraiser <a href="http://www.pdf.org/pdf_champion">www.pdf.org/pdf_champion</a></p>	 <p><b>Read PDF's Blog</b> <span style="float: right;">18</span> <a href="http://www.pdf.org/blog">www.pdf.org/blog</a></p>	 <p>John Wherry</p>	 <p><b>Join our Challenge</b> <span style="float: right;">20</span> to raise \$50,000 in April, and your gift will be matched <a href="http://support.pdf.org">http://support.pdf.org</a></p>	 <p><b>Submit your Artwork</b> <span style="float: right;">21</span> <a href="http://www.pdf.org/creativity">www.pdf.org/creativity</a></p>	 <p><b>Questions about PD?</b> <span style="float: right;">22</span>  (800) 457-6676</p>	 <p><b>Contact Your Public Official</b> <span style="float: right;">23</span> and encourage more funding for PD research</p>
 <p>Beverly Lavender</p>	 <p><b>Participate in a PD Clinical trial</b> <span style="float: right;">25</span> <a href="http://www.PDtrials.org">www.PDtrials.org</a></p>	 <p><b>Shop to Support PDF</b> <span style="float: right;">26</span> <a href="http://www.pdf.org/shop_support_pdf">www.pdf.org/shop_support_pdf</a></p>	 <p><b>Fight Parkinsons</b> <span style="float: right;">27</span></p>	 <p><b>Become a Fan of PDF on Facebook</b> <span style="float: right;">28</span> <a href="http://www.pdf.org/facebook">www.pdf.org/facebook</a></p>	 <p>Adrian van Vliet</p>	 <p><b>Share Your Story</b> <span style="float: right;">30</span> <a href="http://www.pdf.org/personal_stories">www.pdf.org/personal_stories</a></p>

Order our PD Awareness Month Toolkit at (800) 457-6676 or [www.pdf.org/parkinson\\_awareness](http://www.pdf.org/parkinson_awareness).  
To view or rent the quilt please visit [www.pdf.org/quilt](http://www.pdf.org/quilt).

The artwork and quilts in this calendar were created by people with PD. To learn more, visit [www.pdf.org/community](http://www.pdf.org/community).